LIFE CARE planning

my values, my choices, my care

KPNC Life Care Planning based on Respecting Choices [®]

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Background

Evidenced-based



Emphasizes the role of the agent



Focuses on conversations not forms



Relies on system design





Population based



Planning that is tailored to the patient's state of health

atient's State of Health

First Steps

- ACP education and awareness
- ID Health care agent
- Clarify goals values
- Treatment wishes in the face of neurological injury
- Basic AHCD completion

Healthy adults over age 55 and those with stable chronic illness

Next Steps

- Patient, agent, facilitator
- Individualized Health Care Discussion
- Discuss goals of care & treatment preferences with complications.
- 90-minute session

Adults any age with progressive illness who are beginning to experience significant decline

Advanced Steps

- Patient, agent, facilitator
- Those with advanced illness
- Hospice/LTC patients
- MD order set with specific goals, wishes
- 60-minute session

Adults any age whose death within the next 12 months would not be surprising

Time (Lifespan)

Respecting Choices Framework

All 3 steps follow the same general script, with emphasis on different parts

- Health Care Agent Selection
- Exploring experiences
- Understanding goals of treatment, specifically life sustaining treatments
- Reviewing personal, cultural and religious beliefs
- Exploring the concept of "living well"

Life Care Planning 5 Promises

- 1. We will initiate the conversation
- 2. We will provide assistance with ACP
- 3. We will make sure plans are clear
- 4. We will maintain and retrieve these plans
- 5. We will appropriately follow these plans

Key Learning from Kaiser Permanente Northern California experience

- Commitment of executive leaders is critical
- Implementation requires rethinking and redesigning myriad operational processes
- Scripted conversations enhance conversations, assure consistency and can be tough sell to facilitators
- First Steps lends itself to a public health, collaborative effort