

LIFE CARE planning

my values, my choices, my care

KPNC Life Care Planning based on Respecting Choices[®]

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Background

Evidenced-based



U.S. Department of Health and Human Services

Advance Directives and Advance Care Planning: Report to Congress

Emphasizes the role of the agent



Focuses on conversations not forms



Relies on system design



LCP Note (F3 to enlarge)

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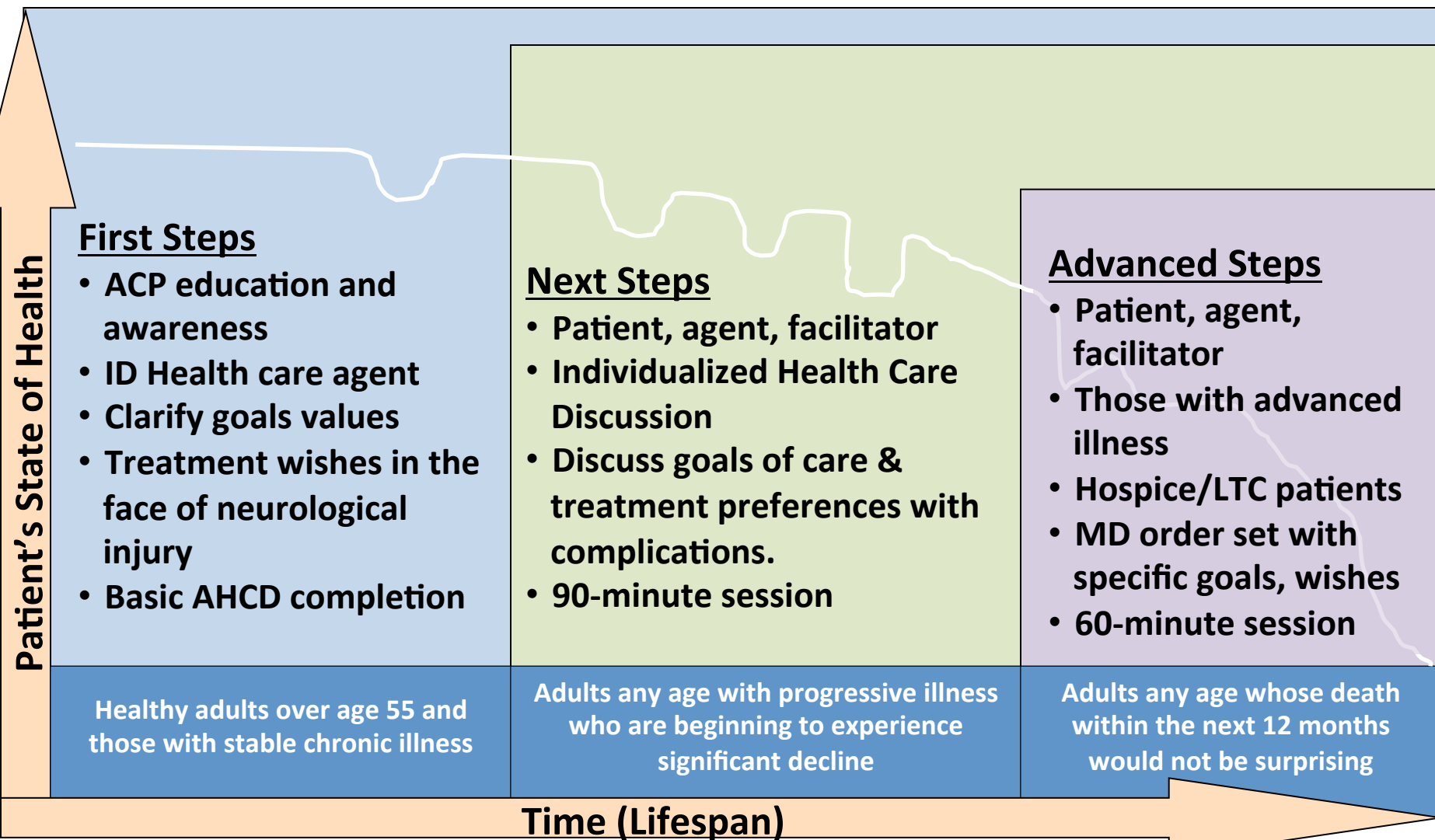
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Abbrev	Expansion
LCPNEXTSTEPS	ACP Next Steps
LCPPOLST	POLST ACP

Population based



Planning that is tailored to the patient's state of health



Respecting Choices Framework

All 3 steps follow the same general script, with emphasis on different parts

- Health Care Agent Selection
- Exploring experiences
- Understanding goals of treatment, specifically life sustaining treatments
- Reviewing personal, cultural and religious beliefs
- Exploring the concept of “living well”

Life Care Planning 5 Promises

1. We will **initiate** the conversation
2. We will **provide assistance** with ACP
3. We will **make sure plans are clear**
4. We will **maintain and retrieve** these plans
5. We will **appropriately follow** these plans

Key Learning from Kaiser Permanente Northern California experience

- Commitment of executive leaders is critical
- Implementation requires rethinking and redesigning myriad operational processes
- Scripted conversations enhance conversations, assure consistency and can be tough sell to facilitators
- First Steps lends itself to a public health, collaborative effort